

The
People's
Health
Alliance

For The People, by The People



WELLNESS WEDNESDAY



Teeth and Gums...!

- Infections
- Fillings
- Detox
- Organs
- Jaw



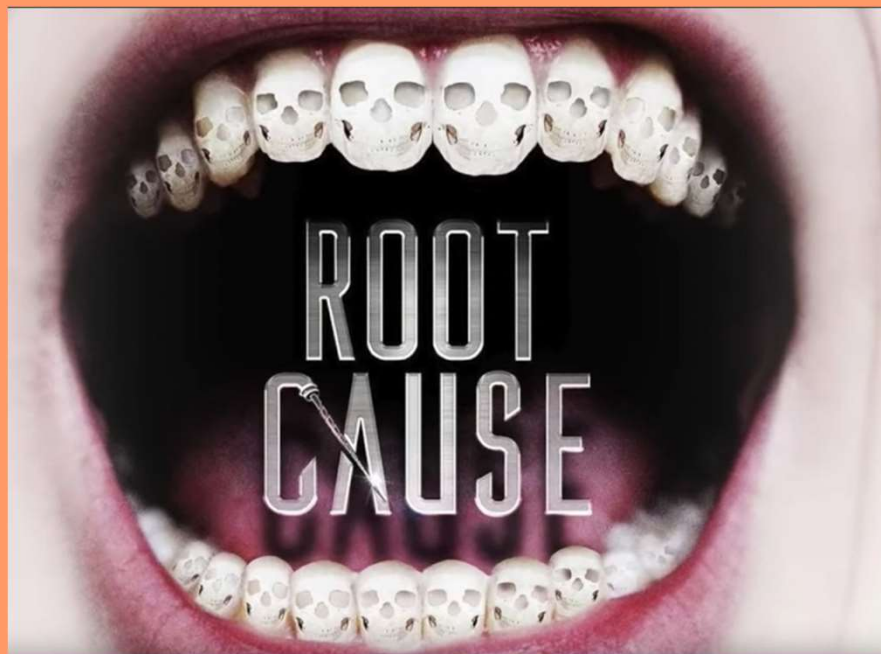
every time you
eat or drink
you are either
feeding disease
or fighting it!



www.dementiapioneers.uk

Chronic Mouth Infections – *Bacteria & Viruses*

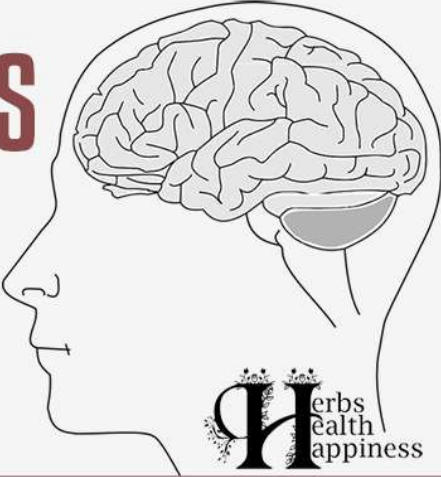
- Herpes and Gingivalis/Gingivitis are root causes of dementia.
- Chronic mouth infections are found in Alzheimer's brains at autopsy.
- Chronic infections lower the immune system.
- Even if symptoms go away, the infection remains and must be eliminated from the body.



Amalgam and Heavy Metal removal

- Old metal fillings that are cracked or loose? Seek a skilled biological dentist for amalgam removal - only 1-2 at a time
- Chelation therapy Recommended for heavy metals, supervision required

DANGEROUS TOXINS to the BRAIN



HEAVY METALS

can cause a broad spectrum of brain-related diseases including autism, Alzheimer's, amyotrophic lateral sclerosis, multiple sclerosis, Parkinson's disease and neurodevelopmental diseases

FLUORIDE

lowers IQ levels in humans, linked to learning and memory impairment, fetal brain damage and altered neurobehavioral function

Fillings



Detox Strategies

1. Foot spas / foot baths

- Pulls toxins through pores in the feet
- Ingredients include dried ginger, hydrogen peroxide, bentonite clay, Epsom salt, sea salt, baking soda, ACV, essential oil

2. Castor oil packs

Stimulate lymph & liver function

3. Oil pulling

- 1 tbsp coconut oil in your mouth, swish for 10 mins.
- Spit out. Has multiple benefits. Detoxifies & purifies.

4. Juice fast

Drinking only fresh fruit & veg juices & water

5. Biological Dentist

Huddersfield (Dr John Roberts)

6. Non-fluoride Toothpaste



**Replacing old
amalgam fillings
with white
composites**

Detox Strategies

HOW TO REMOVE **HEAVY METALS** FROM YOUR BODY

01 DRINK ENOUGH WATER



Top10
Home Remedies

02 EAT FERMENTED FOODS



(probiotic yogurt, kefir drinks,
tempeh, pickled cucumbers, etc.)



03 INCREASE INTAKE OF POLYPHENOLS



(star anise, cloves, dark-
chocolate, green tea, etc.)

04 CONSUME SULFUR- RICH FOODS



(broccoli, cauliflower cabbage,
spinach, onion, etc.)

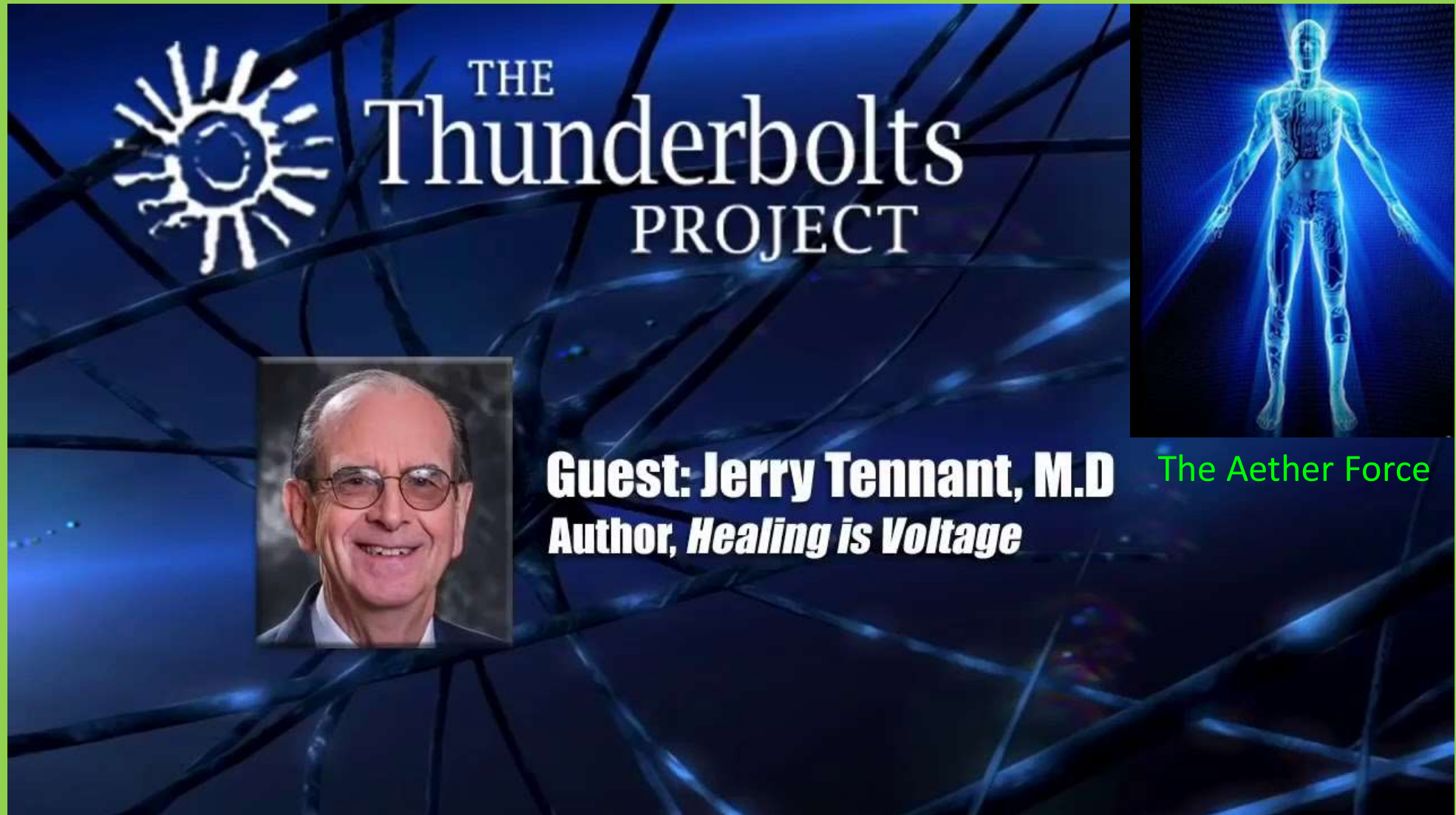
05 CONSUME MILK THISTLE



Top10
Home Remedies

To explore more, visit
www.Top10HomeRemedies.com

Jerry Tennant – Teeth & Their Organs



THE Thunderbolts PROJECT

Guest: Jerry Tennant, M.D
Author, *Healing is Voltage*





















The Aether Force

- Every tooth connects and relates to an organ
- Decay in any tooth indicates a problem with that organ

www.dementiapioneers.uk



Be advised that an issue in one tooth socket can cross over one socket, so consider adjacent tooth-organ connections too.

Right	Loneliness, Acute Grief, Humiliated, Trapped, Inhibited, Lack Joy Greed, Not lovable		Anxiety, Self-Punishment, Broken Power, Hate, Low self-worth, Obsessed		Chronic Grief, Overcritical, Sadness, Controlling, Feeling trapped, Dogmatic, Compulsive, Uptight		Anger, Resentment Frustration, Blaming, Incapable to take action, Manipulative		Fear, Shame, Guilt, Broken will, Shyness, Helpless, Deep exhaustion		Fear, Shame, Guilt, Broken will, Shyness, Helpless, Deep exhaustion		Anger, Resentment Frustration, Blaming, Incapable to take action, Manipulative		Chronic Grief, Overcritical, Sadness, Controlling, Feeling trapped, Dogmatic, Compulsive, Uptight		Anxiety, Self-Punishment, Broken Power, Hate, Low self-worth, Obsessed		Loneliness, Acute Grief, Humiliated, Trapped, Inhibited, Lack Joy Greed, Not lovable	
	Duodenum Middle Ear, Shoulder Elbow, CNS S-I joint, foot, toes		Sinus: Maxillary Oropharynx, Larynx		Sinus: Paranasal and Ethmoid Bronchus, Nose		Sinus: Sphenoid Palatine Tonsil Hip, Eye, Knee		Sinus: Frontal Pharyngeal Tonsil Genito-Urinary System		Sinus: Frontal Pharyngeal Tonsil Genito-Urinary System		Sinus: Sphenoid Palatine Tonsil Hip, Eye, Knee		Sinus: Paranasal and Ethmoid Bronchus, Nose		Sinus: Maxillary Oropharynx Larynx		Ileum, Jejunum Middle Ear, Shoulder Elbow, CNS S-I joint, foot, toes	
	Breasts		Breasts		Breasts		Breasts		Breasts		Breasts		Breasts		Breasts		Breasts		Breasts	
	Heart, Small Int., Circulation/Sex, Endocrine		Pancreas Stomach		Lung Large Intestine		Liver Gallbladder		Kidney Bladder		Kidney Bladder		Liver Gallbladder		Lung Large Intestine		Stomach Spleen		Heart, Small Int., Circulation/Sex, Endocrine	
																				
	1		2		3		4		5		6		7		8		9		10	
	32		31		30		29		28		27		26		25		24		23	
																				
	Heart, Small Int., Circulation/Sex, Endocrine		Lung Large Intestine		Pancreas Stomach		Liver Gallbladder		Kidney Bladder		Kidney Bladder		Liver Gallbladder		Spleen Stomach		Lung Large Intestine		Heart, Small Int., Circulation/Sex, Endocrine	
	Shoulder, Elbow Ileum, Middle Ear Peripheral Nerves S-I joint, foot, toes		Sinus: Paranasal and Ethmoid, Bronchus, Nose		Sinus: Maxillary Larynx, Lymph, Oropharynx Knee		Sinus: Sphenoid Palatine Tonsil Hip, Eye Knee		Sinus: Frontal Ear, Pharyngeal Tonsil Genito-Urinary System		Sinus: Frontal Ear, Pharyngeal Tonsil Genito-Urinary System		Sinus: Sphenoid Palatine Tonsil Hip, Eye Knee		Sinus: Maxillary Larynx, Lymph, Oropharynx Knee		Sinus: Paranasal and Ethmoid, Bronchus, Nose		Shoulder, Elbow Ileum, Jejunum, Middle Ear Peripheral Nerves S-I joint, foot, toes	
	Loneliness, Acute Grief, Humiliated, Trapped, Inhibited, Lack Joy Greed, Not lovable		Chronic Grief, Overcritical, Sadness, Controlling, Feeling trapped, Dogmatic, Compulsive, Uptight		Anxiety, Self-Punishment, Broken Power, Hate, Low self-worth, Obsessed		Anger, Resentment Frustration, Blaming, Incapable to take action, Manipulative		Fear, Shame, Guilt, Broken will, Shyness, Helpless, Deep exhaustion		Fear, Shame, Guilt, Broken will, Shyness, Helpless, Deep exhaustion		Anger, Resentment Frustration, Blaming, Incapable to take action, Manipulative		Anxiety, Self-Punishment, Broken Power, Hate, Low self-worth, Obsessed		Chronic Grief, Overcritical, Sadness, Controlling, Feeling trapped, Dogmatic, Compulsive, Uptight		Loneliness, Acute Grief, Humiliated, Trapped, Inhibited, Lack Joy Greed, Not lovable	

Emotions

Body parts

Organ

Top & bottom teeth

Organ

Body parts





























































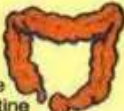











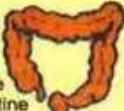


Emotions

Acumeridian Tooth-Organ Relationships
[with Autonomic/Neuropeptide Emotion correlations]

Abridged, from various sources – credits on website. Dr. Ralph Wilson www.NaturalWorldHealing.com

www.dementiapioneers.uk



Glands	Anterior pituitary	RIGHT BREAST			Posterior pituitary	Intermediate lobe of pituitary	Pineal		Pineal	Intermediate lobe of pituitary	Posterior pituitary	LEFT BREAST			Anterior pituitary		
		Parathyroid	Thyroid	Thymus			Thymus	Thyroid				Parathyroid					
Organs	Heart  Small Intestine  Endocrine gland, Pericardial	Breast  Thyroid  Stomach  Pancreas 	Lungs  Large Intestine 	Liver  Gall Bladder  Eye 	Kidneys  Prostate  Bladder, Uterus, Rectum, Anus	Liver  Gall Bladder  Eye 	Lungs  Large Intestine 	Esophagus  Breast  Thyroid  Stomach  Spleen 	Heart  Small Intestine  Endocrine gland, Pericardial								
	Teeth	 1	 2	 3	 4	 5	 6	 7	 8	 9	 10	 11	 12	 13	 14	 15	 16
	Upper Jaw	3 rd molar (wisdom)	2 nd molar	1 st Molar	2 nd bicuspid (pre-molar)	1 st bicuspid (pre-molar)	canine (cuspid)	lateral incisor	central incisor	central incisor	lateral incisor	canine (cuspid)	1 st bicuspid (pre-molar)	2 nd bicuspid (pre-molar)	1 st Molar	2 nd molar	3 rd molar (wisdom)
	Lower Jaw	3 rd molar (wisdom)	2 nd molar	1 st Molar	2 nd bicuspid (pre-molar)	1 st bicuspid (pre-molar)	canine (cuspid)	lateral incisor	central incisor	central incisor	lateral incisor	canine (cuspid)	1 st bicuspid (pre-molar)	2 nd bicuspid (pre-molar)	1 st Molar	2 nd molar	3 rd molar (wisdom)
Teeth	32 	31 	30 	29 	28 	27 	26 	25 	24 	23 	22 	21 	20 	19 	18 	17 	
Organs	Heart  Small Intestine  Endocrine gland, Pericardial	Lungs  Large Intestine 	Stomach  Pancreas 	Liver  Eye 	Kidneys  Prostate  Bladder, Uterus, Rectum, Anus	Liver  Eye 	Stomach  Spleen 	Lungs  Large Intestine 	Heart  Small Intestine  Endocrine gland, Pericardial								
	Glands				Ovaries, Right Breast	testicles	Adrenals	Adrenals	Ovaries, Left Breast	testicles							

Jaw (mouths are too small)

- “Societies replaced their traditional diet with modern, processed foods suffered up to 10x more cavities, severely crooked teeth, obstructed airways and overall poorer health.” p. 114 (Breathe, by James Nestor)
- “Our ancient ancestors chewed for hours a day, every day. And because they chewed so much, their mouths, teeth, throats and faces grew to be wide and strong and pronounced. Food in industrialised societies was so processed that it hardly required any chewing at all.” p. 116
- Mouths became too small for the face – breathing problems and blocked airways
- Dr John Mew, British facial surgeon and dentist – ‘mewing’
- “The more we gnaw, the more stem cells release, the more bone density and growth we’ll trigger, the younger we’ll look and the better we’ll breathe.” p. 132
- Hard, natural foods and chewing gum (Turkish, Falim or Mastiha the natural resin of Pistacia lentiscus var. Chia tree, Aegean island of Chios, Greece).



WE HEAR YOU



You are not alone • We are one

The
People's
Health
Alliance

For The People, by The People



An organic, people-led, integrated health initiative that aims to facilitate the creation of heart-centred health hubs at community level.



ONLINE WORKSHOP SERIES



With:

THE DEMENTIA
PIONEERS

CONTRIBUTERS
OF DEMENTIA
AND HOW TO
ADDRESS THEM

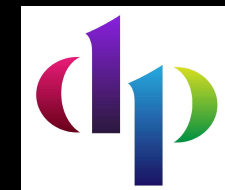
LINK to all FOUR sessions ♡
<https://payhip.com/b/o7Eq2>



@Garuth_Chalfont



Dementia Beat Camp



BLOG www.dementiapioneers.uk